

Loudoun Community Resources for New Parents

GENERAL RESOURCES

Birthright

703-777-7272

<http://www.birthrightofloudoun.com/>

Monday - Friday, 9:30 AM - 12:30 PM

Tuesday 4:00 - 8:30 pm or by appointment

823 South King St. Ste I

Leesburg, VA 20175-3916

CPR Training - Healthsource "Family & Friends" Course

703-698-2441

<https://www.inova.org/wellness/cpr-a-first-aid>

Domestic Violence Hotline

800-799-SAFE (7233)

Spanish line: 800-942-6908

www.thehotline.org

Family Education

703-858-8911

www.thebirthinginn.org

Infant and Toddler Connections of Virginia

Confidential referral & intake line,

birth to 3 years old

703-777-0573

Inmed

Provides support and mentoring services

703-729-4951

www.inmed.org

In Takes a Village, Baby

Baby supplies for moms in need

www.itavb.org

LAWS (Loudoun Abused Women's Shelter)

703-777-6552

<http://www.lcsj.org/>

Loudoun Cares

Referral and information line

703-669-4636

www.loudouncares.org

Loudoun Continuum of Care

Homeless services programs

703-777-0353

www.loudoun.gov/index.aspx?nid=1788

Loudoun County Family Services

703-777-0353

www.loudoun.gov/dfs

Loudoun County Car Seat Program

Need to schedule appointment to review

the required film and pick up a car seat,

meet income eligibility, and be

Loudoun County resident

Michelle Wood, 703-771-5411

www.safetyseatva.org

Loudoun County Housing

www.loudoun.gov/housing

Loudoun Nurturing Parenting Program

Parenting classes available to any

family/parent in Loudoun Community

703-771-3973

www.lcsj.org/loudoun-nurturing

[-parenting-program](http://www.lcsj.org/loudoun-nurturing-parenting-program)

Mobile Hope

Helping homeless children in

Loudoun County, 18 years and younger

Food, clothes, blankets, personal items

No questions asked!

703-771-1400

www.mobilehopeloudoun.org

Naomi Project

Mentor program for at-risk pregnant

and newly parenting women

703-860-2633

britepaths.org/our-programs/naomi-project

Poison Control

800-222-1222

www.aapcc.org

Postpartum Support Virginia

Emotional Support, assessment

703-829-7152

www.postpartumva.org

Postpartum Depression Mothers

Emotional support, assessment

800-773-6667, 800-944-4PPD (4773)

www.1800ppdmoms.org,

www.Postpartum.net

Postpartum Depression and Anxiety Support Group

Inova Loudoun Hospital

44055 Riverside Pkwy, Ste 114 Leesburg, VA

1st and 3rd Wednesday of the month,

11:30 AM - 1:00 PM

703-858-8911

Quick Guide Northern Virginia

Index of public & private agencies

703-642-0700

www.novaregion.org/quickguide

Salvation Army-Loudoun

703-771-3371

www.virginiasalvationarmy.org/

loudouncountyvacorps

SCAN of Northern Virginia

Baby box distribution site

www.babyboxuniversity.com

Parenting classes and resources

703-820-9001

www.scanva.org

Transitional Housing Program-Loudoun

90-day program requirements: obtain job

within 2 weeks, drug/alcohol free, homeless

2-year program requirements: employed,

has a wait list

571-258-3033 (90-day program)

703-771-5429 (2-year program)

<https://www.loudoun.gov>

(search homeless programs)

Virginia Family and Father Initiative

Support groups for both mothers

and fathers; co-parenting

Bennie Herron 703-324-7380

Champana Bernard 703-324-3611

<https://www.fairfaxcounty.gov/>

[familyservices/children-youth/father-](http://familyservices/children-youth/father-engagement)

[engagement](http://familyservices/children-youth/father-engagement)

Virginia Information Line for Health and Human Services: 2-1-1

www.211virginia.org

Virginia Health Insurance Exchange

800-318-2596

<https://localhelp.healthcare.gov/>

Volunteers of America Shelter

Drop-in day program (showers, meals, etc)

19520 Meadowview Court, Leesburg, VA

Monday – Friday, 8:30 AM - 4:30 PM

703-771-5429

www.voachesapeake.org

WIC

703-777-0239

www.loudoun.gov (search WIC Program)

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IF YOU NEED A RESOURCE NOT LISTED HERE, CALL 211 OR VISIT QUICKGUIDE.COM

Inova Loudoun Hospital contact: Marie Tolliver, Patient Navigator for Perinatal Services, Marie.tolliver@inova.org 703-858-8936

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Women Giving Back

Clothing for women and children
703-554-9386
<https://womengivingback.net/>

COMMUNITY CLINICS

Adams Compassionate Healthcare Network Clinic

Primary and preventative care for uninsured and underinsured individuals
703-542-3366
<http://www.achnhealth.org/>

Healthworks

Herndon 703-481-8160
Leesburg 703-443-2000
www.hwnova.org

Loudoun FREE clinic

Serving individuals 18 - 64 years old
703-779-5416
Loudounfreeclinic.org

Loudoun Co Health Department

Pediatric dental care, family planning, immunizations, maternity care, STD infection evaluation, TB testing and treatment, Women, Infants & Children (WIC) nutrition services
703-777-0236
www.loudoun.gov/health

Simplicity Health Clinic- Sterling

\$40 for access to 4 weeks of regular primary health care and basic behavioral health services
571-665-6500
<https://www.inova.org/inova-in-the-community/access-to-care/simplicityhealth>

FOOD PANTRIES

Loudoun Hunger

Monday, Tuesday, Wednesday, Friday, and Saturday, 10:00 AM - 12:45 PM
By appointment Tuesday and Thursday, 5:45 PM - 7:30PM
3 meals for 3 days and eligible 2x/month, need proof of ID and be Loudoun Co. resident
703-777-5911
www.loudounhunger.org

Messiah's Market at Community Church

Monday and Tuesday, 7:00 - 8:00 PM
Need proof of ID first visit
571-209-5000
www.communitychurch.cc/about-us/outreach/messiahs-market

Link, Inc (Emergency Food)

Call for Appointment
Serves Herndon, Sterling, and Ashburn
703-437-1776
www.linkagainsthunger.org

Tree of Life Purcellville

Serves Herndon and Sterling
703-554-3595
www.tolministries.org

7 Loaves Middleburg, VA

Food and clothing, no deliveries
Monday, Wednesday, Friday,
10:00 AM - 12:00 PM
540-687-3489
www.sevenloavesmiddleburg.org

SUBSTANCE ABUSE RESOURCES for PREGNANT/POST-PARTUM WOMEN

Inova Behavioral Health

Fairfax CATS, IPAC, Partial Hospitalization Prog.
703-289-7560, **Substance Abuse Intake**
www.inova.org (search CATS Fairfax)

Loudoun County Counseling/Mental Health Services (LCMH)

Outpatient Substance Abuse Treatment
703-771-5155
www.loudoun.gov/mhsads

Leesburg Treatment Center

Methadone clinic
Intake Wednesdays and Fridays; Accepting Medicaid and Anthem; Free Consultations, \$16/ day for services
571-291-3166
www.pinnacle-treatment.com

Northern Virginia AA Intergroup

Leesburg and East 703-293-9753
Leesburg and West 540-667-0322
24hr Hotline 1-800-835-6130
www.aaloudoundistrict10.org

Al-Anon Service Center of Northern Virginia

Tues, Thurs, Sat, 12:30 - 4:00 PM
877-339-8350, 703-534-4357
www.alanova.com

Drug/Alcohol Referral Service

800-521-7128
www.allaboutcounseling.com/local/virginia

Inova Loudoun Behavioral Health

Loudoun CATS, Partial Hospitalization Prog.
703-737-2110
www.inova.org (search CATS Loudoun)

Inova Kellar Center (Teens)

Sterling- 571-665-6710
Fairfax- 703-289-7560
www.inova.org/kellar

Potomac Psychological Center

703-858-7838
www.potomacpsychologicalcenter.com

Sterling Behavior Health

703-858-9841 ext. 116
<http://sbhsva.com/>

Recovery Center of Northern Virginia

Leesburg- 703-669-3103
Herndon- 703-464-5122
<http://rconv.com/>

Regine Feuer, MD

Specialist for Treatment of Women
703-691-4000
www.regionaladdiction.com/dr-regine-feuer/

RESIDENTIAL SUBSTANCE ABUSE PROGRAMS

Phoenix House

1-800-671-9392
www.phoenixhouse.org/locations/virginia

Bethany Hall, Inc (Roanoke, VA)

540-343-4261

Life Center of Galax (Galax, VA)

800-345-6998

Dandelion Meadows (Purcellville, VA)

24-month substance abuse program
www.DandelionMeadow.org

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